



YEAR 6 HUMANISM



HUMANISM: A WAY TO LIVE A GOOD LIFE

Humanism is a way of thinking and living that encourages people to live their lives in a way that is kind, fair, and responsible. It teaches us how to make good choices by thinking for ourselves, using reason, and considering how our actions affect others. Humanism is not a religion, but it offers guidance on how to live a good life without following religious rules. Humanists believe that the key to living well is to care for others, protect the planet, and work to make the world a better, fairer place.

Humanists believe in the power of human reason, science, and kindness to solve problems and improve lives. They believe that everyone can make a difference, and that by thinking critically and acting compassionately, we can build a world where everyone can live happily and safely.

WHAT IS HUMANISM?

Humanism is a way of thinking that helps people live good and meaningful lives. Unlike religions that believe in one god or follow certain teachings, Humanism focuses on human values and experiences. Humanists believe that we should use our reason and understanding of the world to make decisions, and that we can create a good life through kindness, fairness, and respect for others.

Humanism does not tell people what to believe. Instead, it encourages everyone to think for themselves and explore different ideas. It helps people learn from science, philosophy, art, and literature, believing that learning from many sources can help us understand what is best for humanity.

HUMANISM AND THE WORLD AROUND US

Humanists believe that we should always strive to make the world a better place. They think it is important to treat others with kindness and fairness, and to protect the environment for future generations. Humanism is not just about improving yourself but improving the world for everyone. Humanists believe that our actions should help reduce suffering, promote justice, and protect the natural world.

Humanism encourages us to use science and reason to solve problems. For example, humanists support scientific discoveries that improve health, help the environment, and make life easier and safer for people. They also believe in the power of education and creativity to bring about positive change.

PLACE OF WORSHIP



Humanists do not have a special place of worship like churches, mosques, or temples. They do not believe that you need a certain building or place to be a good person or live a meaningful life. Instead, Humanists meet in places such as community halls, parks, or even in their homes, to talk about important topics, share ideas, and support each other. These gatherings allow people to discuss how to live a good life and work towards making the world a better place.

Humanists believe that it is not about where you meet or worship, but about how you live and how you treat others. Humanism encourages people to build communities based on respect and kindness, rather than following a particular set of religious beliefs.

HOLY BOOK

Unlike religions that have a holy book, Humanists do not follow any one specific book. Instead, they believe that wisdom and guidance can be found in many different sources. Humanists value knowledge from science, philosophy, and literature, and believe that everyone can learn from different ideas and cultures to make good decisions.

Humanism encourages critical thinking, which means using your mind to question things, learn, and decide what is best for you and others. Humanists think that by using reason and reflection, we can make choices that help people and the planet.

RELIGIOUS SYMBOL

Humanists do not have a specific religious symbol like a cross or a star. However, many Humanists wear the "Happy Human" symbol, which is a simple image of a smiling human figure. The "Happy Human" represents the values of Humanism, such as kindness, fairness, and respect for others. This symbol reminds people that Humanism is about making the world a better place, focusing on human well-being, and living with compassion.

The "Happy Human" symbol encourages people to think about how their actions can help others and how we can all work together to create a happier, more just world.

MAIN CELEBRATIONS

Humanists do not celebrate religious festivals, but they do celebrate life's important moments. They celebrate birthdays, weddings, and other milestones in a person's life. For Humanists, celebrations are about spending time with family and friends, being thankful for the good things in life, and enjoying each other's company. These moments are opportunities to share happiness and create memories.

Humanists believe in enjoying life and appreciating what we have, but they also think that life is about helping others and making the world a better place. Celebrations are not just about having fun but about showing love and care for others and taking the time to recognize the things that matter most.

VALUES



Humanists believe in values that are all about being kind, fair, and respectful to others. These values include:

- **Kindness:** Being nice to people and animals, helping others whenever you can.
- **Fairness:** Treating everyone equally, no matter their background or beliefs.
- **Honesty:** Telling the truth and being open with others.
- **Respect:** Listening to others, understanding their views, and treating everyone with dignity.
- **Responsibility:** Taking care of the environment and helping make the world a better place.

Humanists also believe that it is important to make sure everyone has the same opportunities in life, and that we all have a duty to help those in need. Whether it's by helping a neighbour or protecting the planet, Humanists believe everyone can do something to make the world a kinder, safer place.

KEY STORIES

Humanism does not have one set of stories that people follow, but it values stories that teach important lessons. These stories often focus on kindness, fairness, and courage. For example, Humanists might share stories about people who have made the world better by standing up for what is right, helping others in times of need, or protecting the planet. These stories help remind everyone of the importance of caring for others and making the world a better place.

One example could be a story about someone who helps a stranger, or about a community coming together to clean up a local park. Stories like these inspire others to be kind, brave, and make the world a better place for everyone.

HOW HUMANISM CAN HELP US LIVE A GOOD LIFE

Humanism is all about living a good life based on reason, kindness, and fairness. It encourages people to think for themselves, use their minds to make good decisions and act with compassion towards others. Humanists believe that by helping others, protecting the environment, and working together, we can make the world a better and happier place for everyone. Humanism teaches that it is up to each of us to make the world a kind, fair, and peaceful place to live.

Humanism encourages us to believe in the power of human beings to bring about positive change. It teaches us that by working together, learning from each other, and making choices that are kind and fair, we can make the world a place where everyone can thrive.

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EXAMPLE QUESTIONS:

1. What does Humanism teach about how to live a good life?
2. Why do Humanists not have a special place of worship?
3. What does the "Happy Human" symbol represent?



4. What are some of the key values that Humanists believe in?
5. How do Humanists celebrate important moments like birthdays or weddings?