



YEAR 1 HUMANISM



WHAT IS HUMANISM

Humanism is a way of thinking that is about being kind, caring, and doing good things for others. It is not a religion, but it helps people to be happy and make the world a better place.

PLACE OF WORSHIP

Humanists do not have a special place of worship like some religions do. Instead, they meet in places like halls or even outside in nature to talk, share ideas, and learn from one another.

HOLY BOOK

Humanists do not have a holy book. They believe that people can learn from many different books, stories, and ideas. They think it is important to think for yourself and make choices based on what is kind and fair.

RELIGIOUS SYMBOL

Humanists do not have a special symbol like some religions do. Instead, many humanists wear a badge or pin that says "Happy Human," which shows they want to help people and the world be a better place for everyone.

MAIN CELEBRATIONS

Humanists celebrate life and the good things in it. They might celebrate birthdays, weddings, or big events with their family and friends. They do not have big religious festivals, but they like to have fun and enjoy spending time with others.

VALUES

Humanists believe in being kind, honest, and helping others. They think that everyone should be treated fairly and with respect. They also believe that we can make the world a better place by helping people and caring for the planet.

KEY STORIES

Humanism does not have special stories like some religions, but it shares stories that help people learn about kindness, fairness, and understanding. Humanists love to hear stories about people who do good things for others and make the world a happy place.



Humanism is about making good choices, being kind, and helping others. It is a way to make the world a better and happier place for everyone!

FIND OUT MORE...

[Humanism facts for kids](#)

EXAMPLE QUESTIONS:

1. What do Humanists believe is important for making the world a better place?
2. Do Humanists have a special place of worship?
3. What is the "Happy Human" symbol used by Humanists?
4. How do Humanists celebrate special occasions?
5. What kind of stories do Humanists like to share with others?