

# FRIDA KAHLO



## EARLY LIFE

Frida Kahlo was born on 6th July 1907 in Coyoacán, a small town near Mexico City. She grew up in a house called the Blue House, which later became a museum dedicated to her life and work. From a young age, Frida loved to paint and draw, and she had a strong spirit. She faced many challenges in her life, but her passion for art never faded.

## A LIFE FILLED WITH CHALLENGES

When Frida was just six years old, she became very sick with polio. The illness left her with a limp, but she did not let it stop her from doing the things she loved. Years later, at the age of 18, Frida was in a serious bus accident that caused her great pain and suffering. She spent many months in bed, but during this time, she began painting more seriously. Her art became a way for her to express her feelings and thoughts.

## HER ART

Frida is famous for her self-portraits. She often painted herself as a way to explore her emotions and the pain she felt throughout her life. Her paintings include bright, bold colours and many symbols of Mexican culture. She combined realism with fantasy in her work, and her art shows her love for her country and its traditions.

One of her most famous works is called *The Two Fridas*. It shows two versions of herself holding hands, with one Frida wearing a traditional Mexican dress and the other in a more European style. The painting represents the struggle between her Mexican heritage and her more modern lifestyle.

## HER INFLUENCE

Frida Kahlo became known not only for her art but also for her strong character and independence. She showed the world that it is possible to overcome difficulties and stay true to yourself. Her work has inspired many artists, especially women, to express their emotions and stand up for what they believe in. Even though she passed away on 13th July 1954, her legacy continues to influence artists around the world.



## FRIDA KAHLO'S LEGACY

Today, Frida Kahlo is considered one of the most important artists of the 20th century. Her work is displayed in galleries around the world, and her life is admired by many. She remains an icon of strength, creativity, and individuality.

## FIND OUT MORE...

[BBC Bitesize - Frida Kahlo](#)

---

### EXAMPLE QUESTIONS:

1. When and where was Frida Kahlo born?
2. What serious illness did Frida Kahlo have when she was six years old?
3. Why did Frida begin painting more seriously after the bus accident?
4. What is the name of one of Frida Kahlo's most famous paintings, and what does it represent?
5. How has Frida Kahlo influenced other artists and people around the world?