

LIGHT



INTRODUCTION

Light is all around us. It helps us see things and makes the world bright and colourful. Light comes from many different sources, like the sun, lamps, and even candles. Without light, everything would be dark, and we would not be able to see. In this text, we will learn more about light and how it helps us in our daily lives.

WHAT IS LIGHT

Light is something that helps us see the world around us. It comes from different sources, like the sun, lamps, and even fire. Without light, everything would be dark, and we would not be able to see. Light travels in waves and can move very fast. It can also bounce off things and create shadows.

SOURCES OF LIGHT

There are two main types of light sources: natural light and artificial light.

- **Natural Light:** This comes from the sun, the moon, and stars. The sun is the main source of natural light on Earth.
- **Artificial Light:** This is light that is man-made. Lamps, light bulbs, and torches are examples of artificial light. These help us see in the dark when the sun is not shining.

HOW LIGHT HELPS US

Light helps us in many ways. It lets us see the world around us. Light is also important for plants, as they use it to make their food through a process called photosynthesis. Without light, plants and animals, including humans, could not survive.

FIND OUT MORE

[Year 3 Light - BBC Bitesize](#)

EXAMPLE QUESTIONS:

1. What does light help us do?
2. What is the main source of natural light on Earth?
3. What is an example of artificial light?
4. How does light help plants?
5. What happens without light?