



ADAM PEATY – THE OLYMPIAN GLADIATOR



WHO IS ADAM PEATY?

Adam George Peaty was born in Uttoxeter (which is in the county of Staffordshire) on 28TH December 1994. He has three older siblings and attended the St Joseph's Catholic primary school. As a young child, he had a fear of water and did not even like to have a bath as he believed sharks would come out of the plughole. Adam started swimming when he was four years old and he consequently lost his fear of water.

When Adam was nine years old, he joined his first swimming club: Dove Valley Swimming Club. He started winning races and, by the time he was 12 years old, he was setting club records. When he was 14 years old, he moved to the City of Derby Swimming Club.



CHAMPIONSHIPS AND RECORDS

At the European Championships in 2014, Adam set his first ever world record in the 50m breaststroke and a new world record with a time of 26.62 seconds. He went on to win the gold medal. During the championship, Adam entered five events, winning four gold medals.



In 2015, at the British Championships, Adam set a new world record in the 100 metres breaststroke with a time of 57.92 seconds. This made him the first person to swim it in less than 58 seconds. This was the year he became a world champion for the first time.

Adam continued to win medals and, following an accident in 2022 which stopped him competing, he made a comeback in the Commonwealth Games in 2022. He was beaten in the 100 metres breaststroke but managed to finish first and win the gold medal in the 50 metres breaststroke.

ADAM'S PERSONAL LIFE

Adam met his girlfriend at Loughborough University whilst training and they had a baby boy on 11th September 2020. Adam supports Nottingham Forest Football Club. Adam as also appeared on the BBC show Strictly Come Dancing in 2021.

FIND OUT MORE:

[How Adam Peaty Swims Breaststroke So Fast | Whiteboard Wednesday - Bing video](#)



PRACTICE QUESTIONS

1. Where was Adam Peaty born?
2. When was he born?
3. What swimming clubs was he part of as a child?
4. When was his first world record?
5. Which university did he attend?