



27<sup>th</sup> September 2021

## Primary Relationships and Health Education Engagement

Dear Parents/Carers,

I am writing to inform you about the implementation of relationships and health education, in accordance with our Relationships and Health Education Policy. This is a statutory part of our curriculum and will be taught in all primary schools.

At Croxby, we are committed to helping all our pupils to grow up healthy, happy and safe, and to be able to navigate life in modern Britain. Relationships and health education has been incorporated into our curriculum to equip pupils with the knowledge they need to make informed decisions about their health, safety, and relationships with others, now and in the future.

We aim to deliver relationships and health education which is current, evolving, age- and developmentally-appropriate, and respectful of each pupil's cultural and religious background.

### **What is relationships education?**

Relationships education will give pupils the foundation to build safe, positive relationships with those around them, including online. Your child will be taught what friendships and relationships are, and what family means.

We are committed to teaching relationships education in a positive, age-appropriate way, encouraging all pupils to treat others with kindness, consideration and respect.

Throughout their time with us, pupils will be taught about the following:

- Families and the people who care for them
- Caring friendships
- Respectful relationships
- Online relationships
- Keeping safe

### **What is health education?**

We aim for health education to provide your child with the knowledge they need to make positive decisions about their own health and wellbeing. Health education will also help equip your child to recognise when they are experiencing issues, when others are experiencing issues, and when to seek support.

Throughout their time with us, pupils will be taught about the following:

- Mental wellbeing
- Internet safety and harms
- Physical health and fitness
- Healthy eating
- The risks associated with drugs, tobacco and alcohol
- Health and the prevention of ill health
- Basic first aid
- The changing adolescent body

### **What you need to know**

The teaching of relationships and health education in our academy has been designed to complement and reinforce the essential lessons parents teach their children as they grow up. To put this into practice, the academy is required to consult with parents when reviewing our policies on relationships and health education. Our Relationships and Health Education Policy is available to view on our academy website.

We would like to reassure you that the content taught in relationships and health education will be respectful of every pupil's religious and cultural background.

As relationships and health education is a statutory part of our curriculum, it is not possible for you to withdraw your child from these lessons. It is also compulsory for your child to participate in science lessons, some of which contain educational material about human development and the reproductive system.

To find out more information about our relationships and health education curriculum, or to voice any concerns or queries you may have, we welcome you to contact the academy office via email.

Yours sincerely,

Mrs Wright  
Curriculum Leader