

Croxby Primary SEND Newsletter - Spring Term 2026

Meet Our SEND Team at Croxby



At Croxby Primary, we are proud of the support we offer to children with Special Educational Needs and Disabilities (SEND). We have a dedicated team who work closely with pupils, staff and families to ensure every child is given the opportunity to thrive.

- **Mrs Neighbour – SENCO** As our Special Educational Needs Coordinator (SENCO), Mrs Neighbour leads SEND provision across the school. She works with teachers, parents and outside agencies to make sure children’s needs are identified early and the right support is in place.
- **Miss Trulson – Assistant SENCO** Supporting this work is Miss Trulson, our Assistant SENCO. She helps coordinate support plans, liaise with parents to make referrals, monitors provision in classrooms, and ensures teachers are equipped with strategies to meet children’s needs.
- **Mrs O’Connor – ELSA & Thrive Practitioner** Mrs O’Connor works directly with children as our Emotional Literacy Support Assistant (ELSA) and Thrive Practitioner. She provides emotional and social support, helping pupils build resilience, develop confidence and feel ready to learn.
- **Mrs Fowlie – SEND Governor** Our SEND governor, Mrs Fowlie, plays an important role in ensuring SEND remains a key focus for the school. She provides challenge and oversight, supporting the leadership team in maintaining high standards of provision.

Together, this team is committed to ensuring every child at Croxby Primary feels supported, included and able to reach their full potential.

All parents of pupils with SEND are offered a termly SEND meeting with Mrs Neighbour, however if you have any questions or queries related to SEND at any other time, please do not hesitate to get in touch using the school's office email address (office@croxbyprimary.co.uk).

SEND Parent Questionnaire feedback



Learning Knows No Bounds

Thank you very much to all the parents and guardians of SEND pupils who took the time to respond to the parent questionnaire that was shared in January, we very much appreciate it.

Thank you for the overwhelmingly positive responses and kind words about the SEND provision at Croxby. We were extremely pleased to hear that pupils are happy at school, they feel supported and are making progress.

Based on the valuable feedback from your answers, I have added some additional information below, which should help to answer any questions that were raised.

- Learning Support Plans (LSPs) are created and updated termly and sent home to parents/carers. They contain information about the support in place for your child as well as the outcomes that they are working towards achieving that term. Parents are encouraged to contribute towards the LSPs so please contact us if you wish to add to or adapt any part of them.
- Termly SEND meetings are offered to all parents of learners with SEND, however if you have any queries in the meantime please don't hesitate to contact the school office via the office email address (office@croxbyprimary.co.uk). Your child's class teacher or Mrs Neighbour or Miss Trulson (dependent on who is best placed to support regarding the query), will contact you as soon as soon as they are able to. A guide regarding who would be the best person to contact is below.

Class Teacher - concerns or questions related to learning or support and provision in the classroom.

Miss Trulson - concerns or questions related to speech and language or ASC/ADHD referrals.

Mrs Neighbour - any other concerns or questions related to SEND.

- If your child finds lunchtimes to be a challenging time of the day then they can access the Well-being Hut, where Mrs O'Connor the school's ELSA is available to support with any worries or concerns. The library is also often open for pupils to access during this time. Please share any other concerns regarding lunchtimes with your child's class teacher and they will endeavour to support where possible.

Emotionally Based School Avoidance (EBSA)



It's completely normal for children to experience anxiety, especially when it comes to school, and many young people go through phases of feeling worried or overwhelmed. When anxiety becomes linked to school attendance - often called Emotionally Based School Avoidance (EBSA)- it's important to remember that this is not a sign of "bad behaviour" or poor parenting. Instead, it's a natural stress response that can happen when school feels challenging for any number of reasons. By acknowledging your child's feelings, offering reassurance, and working together with school staff, you can help them feel understood and supported. With patience, consistent routines, and small steps forward, most children gradually rebuild confidence and regain a

positive connection with school. If you're finding things difficult, you're not alone - and there are people ready to help both you and your child. Mrs O'Connor, our school ELSA and Thrive Practitioner, aims to be in the back playground every morning and can support you with challenging mornings.

SEND Sleep Service (Hull)



Hull KIDS offers a sleep support service for parents of pupils with SEND. Information about this service is below.

Our highly experienced team of trained sleep practitioners is here to offer you guidance and strategies to address your child's sleep issues. We recognise that parents often feel overwhelmed, exhausted and not sure what to try next. We provide a non-judgmental service where we recognise the struggles parents and carers face when dealing with children's sleep problems.

We know that children and young people with Special Educational Needs and Disabilities (SEND) might face unique sleep difficulties. From difficulty falling asleep to frequent night-time awakenings, we're here to address it all.

Our Sleep Service is like a personalised sleep toolkit for your family. Through a range of methods, including sleep workshops, one-to-one telephone sleep clinics, hints & tips videos, advice and guidance, we're dedicated to finding what works best for you.

Our goal is to empower you so that you feel confident in helping your child or young person to sleep better, whilst also offering you the support and tools you need to manage sleep challenges as a family.

We're here to share our expertise, understanding and support, for better sleep and brighter days ahead.

This service can be found at the website below:

[SEND sleep service \(Hull\) - Kids](#)

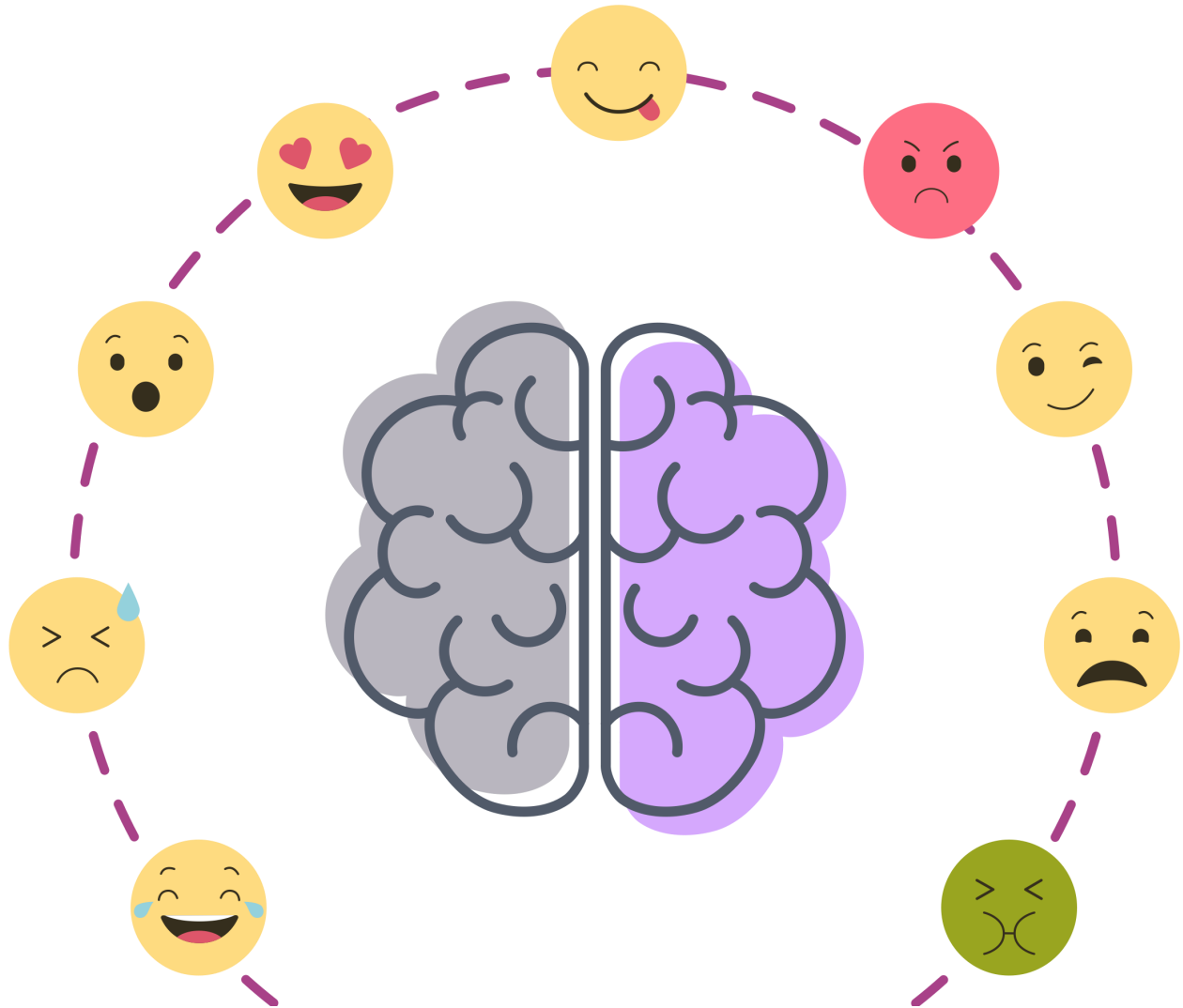
You can make contact using these details:

Phone: 01482 467 540 Email: Enquiries.yorkshire@kids.org.uk

After-school Restraint Collapse

After-school restraint collapse is a common and very normal response in children who have worked hard all day to hold in their emotions, maintain focus, follow rules, and manage social situations at school. When they come home - where they feel safest - the emotional "lid" can lift, leading to tears, irritability, big feelings, or exhaustion. This isn't a sign of naughtiness or poor behaviour; it's a release of stress after keeping themselves together for hours. Offering a calm, reassuring environment, predictable routines, and some downtime after school can really help children reset. With understanding and gentle support, most children learn healthier ways to unwind and manage those after-school emotions over time. While common in neurotypical children, it does not automatically mean that a child has Special Educational Needs (SEND).

Emotion Coaching



Emotion Coaching is a supportive way of helping children understand and manage their feelings by naming emotions, validating them, and guiding children towards healthy coping strategies. Instead of trying to stop big feelings or dismiss them, Emotion Coaching encourages adults to pause, connect, and show empathy - helping children feel heard and understood. Once the emotion is acknowledged, adults can gently teach problem-solving skills and calming techniques, so children learn to recognise their emotions and handle them more confidently over time. This approach strengthens relationships, builds emotional resilience, and supports more positive behaviour both at home and in school.

The 4 Stages of Emotion Coaching (Made Simple)

1. **Notice the emotion** Spot the signs that your child is feeling something big - changes in tone, behaviour, or body language. This is your cue that they need support.

2. **Connect with empathy** Pause and show your child you're on their side. Get down to their level, stay calm, and let them know you understand that their feelings are real and okay.
3. **Name the emotion** Help your child put words to what they're feeling: "It looks like you're feeling frustrated," or "I can see you're really upset." Naming feelings reduces their intensity and helps children learn emotional language.
4. **Guide and problem-solve together** Once your child feels understood and calmer, support them to work out what they need next - a solution, a coping strategy, or a small next step. This teaches them how to handle emotions in healthier ways over time.

At Croxby, all staff received training on Emotion Coaching from the school's Educational Psychologist at the start of the academic year. It is an approach that we aim to use with pupils when they are experiencing big emotions.

Key Contacts for Support in the East Riding



Support for Parents of SEND Pupils in East Riding

We know that being a parent or carer of a child with Special Educational Needs and Disabilities (SEND) can sometimes feel overwhelming, and finding the right advice and support is really important. In the East Riding, there are a number of services available to help families:

- **East Riding SENDIASS (Special Educational Needs and Disabilities Information, Advice and Support Service)** A free, confidential service offering impartial advice and support to parents, carers and young people around SEND. They can help with understanding processes like EHCPs, supporting meetings, and signposting to further help.
- **East Riding 0-25 Team ([Local offer](#))** - key functions include:

Support for families: Provides clear information on services for children and young people aged 0-25 with Special Educational Needs and Disabilities (SEND).

Education, Health, and Care (EHC) plans: The team's responsibilities include assessments for EHC plans and identifying appropriate educational provision for pupils with these plans.

Information and advice: The SENDIASS service offers free, impartial, and confidential information and advice to families.

- **East Riding Local Offer ([Local offer](#))** The Local Offer website brings together information about SEND services across the area – including health, education, social care and community support. It’s a great starting point for finding out what help is available.
- **Parent Carer Forum** A group of parents and carers who work in partnership with the Local Authority to make sure the voices of families are heard when shaping SEND services. They also offer peer support and events for families.
- **Support in School** At Croxby, our SEND team (Mrs Neighbour – SENCO, Miss Trulson – Assistant SENCO, and Mrs O’Connor – ELSA and Thrive Practitioner) are always available to discuss your child’s needs and guide you towards further support if needed.

If you would like more information about any of these services, or need help making contact, please speak to our SENCO team who will be happy to point you in the right direction.

Additional Information



For additional information regarding any of the following areas, please see the Autumn Term SEND newsletter, which can be found in the SEND area on the school's website.

- SEND Support at Croxby
- Spotlight on ELSA
- What is an EHCP?
- ERP (Meerkats Classroom)

- Early Help for families