

**MONDAY**

**TUESDAY**


**WEDNESDAY**


**THURSDAY**

**FRIDAY**

**WEEK ONE**

**Option One**

Veggie Balls in Tomato Sauce with Rice 

Beef Lasagne with Garlic Bread 

Roast Chicken, Stuffing, Roast Potatoes and Gravy


Chicken Biryani 


Fishfingers with Chips & Tomato Sauce

**Veggie Option**

Autumn Vegetable Lasagne

Beetroot and Lentil Burger in a Bun with Potato Wedges

Vegetarian Wellington with Roast Potatoes and Gravy 

BBQ Sausage Pasta with Garlic Bread 

Cheese and Bean Pasty with Chips and Tomato Sauce

**Vegetables**

Sweetcorn and Peas

House Salad 

Carrots & Broccoli


Green Beans 


Garden Peas

**Dessert**

Cheese and Crackers

Apple Crumb Cake


Fruit Medley 


Jelly with Mandarins 

Syrup Sponge with Custard

**WEEK TWO**

**Option One**

Classic Cheese and Tomato Pizza with Wedges 

Spaghetti Bolognaise 


 **CHICKEN SHACK**  
BBQ Chicken or Quorn with Seasoned Potatoes and Sweetcorn Salsa 


Meatballs in Tomato Sauce with Rice 

Breaded Fish with Chips & Tomato Sauce

**Veggie Option**

Mild Mexican Chilli with Rice 

Vegan Spaghetti Bolognaise 

Creamy Chickpea and Coconut Curry with Rice 

Cheese Whirl with Chips and Tomato Sauce

**Vegetables**

Sweetcorn


Batton Carrots

Salad Bar


Cauliflower 

Garden Peas


**Dessert**

Gingerbread Cookie 

Chocolate and Beetroot Brownie


Fruit Salad 


Sticky Toffee Apple Crumble with Custard


Vanilla Shortbread 

**WEEK THREE**

**Option One**

Macaroni Cheese 


Chicken & Vegetable Enchilada Bake with Paprika Wedges 


Sausage with Roast Potatoes and Gravy 

 Mild Caribbean Chicken with Golden Rice


Fishfingers with Chips & Tomato Sauce

**Veggie Option**

Chefs Special Lentil Curry with Rice 

Tomato Pasta 

Vegan Sausage and Roast Potatoes and Gravy

Caribbean Stew with Golden Rice 


Red Pepper Frittata with Chips & Tomato Sauce

**Vegetables**

Roasted Sweet Potato


Crudites


Broccoli & Cauliflower

Peas and Corn 

Mushy Peas

**Dessert**

Oaty Cookie 

Pear Crumble with Custard 

Fruit Salad

Jamaican Ginger Cake with Custard

Cornflake Tart

**MENU KEY**



Added Plant Protein



Wholemeal



Vegan



Chef's Special

**ALLERGY INFORMATION:**

If you would like to know about particular allergens in foods please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child. We use a large variety of ingredients in the preparation of our meals and due to the nature of our kitchens it is not possible to completely remove the risk of allergen cross contact.

**Also Available:** - Freshly cooked jacket potatoes with a choice of fillings - Bread freshly baked on site daily- Freshly prepared salad bar – Fresh Fruit and Yoghurt and sandwiches are available daily.