



YEAR 4 THE VIKINGS



WHO WERE THE VIKINGS?

The Vikings were people who lived over 1,000 years ago in Scandinavia, which is now Norway, Sweden, and Denmark. They were famous for being great sailors, traders, and warriors.

VIKING SHIPS

Vikings built strong and fast ships called longships. These ships had large sails and could move quickly through water. The Vikings used them to travel across seas and rivers to explore new lands.

VIKING HOMES

Viking families lived in longhouses made of wood, stone, or turf. These houses had one big room with a fire in the middle to keep everyone warm. The whole family, and sometimes their animals, lived together.

WHAT DID VIKINGS EAT?

The Vikings ate food from farms, forests, and the sea. They grew crops like barley and rye, kept animals such as cows and sheep, and caught fish. They also enjoyed drinking mead, a special honey drink.

VIKING CLOTHES

Vikings wore clothes made from wool and linen. Men wore tunics and trousers, while women wore long dresses with aprons. Both men and women wore cloaks to stay warm in the cold weather.

THE VIKING WARRIORS

Vikings were fierce warriors. They fought with swords, axes, and shields. Some warriors wore helmets, but they did not have horns, even though some stories say they did.

VIKING GODS AND MYTHS

The Vikings believed in many gods, such as Odin, Thor, and Freyja. They told stories about magical creatures, giants, and powerful gods. These stories are called Norse myths.



VIKING EXPLORERS

The Vikings travelled far and discovered new lands. They sailed to Britain, France, and even North America! One famous Viking explorer was Leif Erikson, who reached America almost 500 years before Christopher Columbus.

THE END OF THE VIKING AGE

After many years of exploring and fighting, the Viking Age slowly ended. Many Vikings settled in different lands, became farmers, and mixed with other people. But their stories and adventures are still remembered today!

FIND OUT MORE...

[Vikings - KS2 History - BBC Bitesize](#)

EXAMPLE QUESTIONS:

1. Who were the Vikings, and where did they come from?
2. What was special about Viking ships?
3. What types of food did the Vikings eat?
4. Name one famous Viking explorer and where he travelled.
5. Why did the Viking Age come to an end?