



YEAR 3 THE ROMANS



THE ROMANS

The Romans were an ancient group of people who lived a long time ago. They built a huge empire that stretched over many lands. They are famous for their strong army, smart inventions, and exciting history.

WHO WERE THE ROMANS?

The Romans came from a city called Rome, which is in Italy today. Over time, they grew very powerful and conquered many places around the world. They built an empire that lasted for hundreds of years.

ROMAN HOMES

Romans lived in different types of homes. Rich people lived in big houses called *domus*, which had beautiful gardens, rooms with mosaics on the floor, and lots of space. Poor people lived in small apartments called *insulae*. These were crowded and often did not have bathrooms.

THE ROMAN ARMY

The Roman army was very strong and well-trained. Soldiers, called *legionaries*, wore heavy armour and fought in battles. They helped to protect the Roman Empire and keep it safe. The Romans were famous for their clever ways of building forts and roads, which helped them travel quickly during battles.

ROMAN BUILDINGS AND ROADS

The Romans were brilliant builders. They built huge stone buildings like temples, baths, and arenas. One of their most famous buildings is the Colosseum in Rome, where they held exciting shows for the people. They also built many roads, which helped them travel all over their empire. Some of these roads are still used today!

ROMAN INVENTIONS

The Romans invented many things that we still use today. They were the first to create public toilets, and they also invented the first form of central heating for homes. Romans used a material called *concrete*, which helped them build strong and lasting buildings.



THE ROMAN GODS

The Romans believed in many gods and goddesses. They thought that these gods controlled different parts of their lives, like the sun, the rain, and even love. One of the most famous Roman gods was Jupiter, the king of the gods.

ROMAN FOOD

Romans ate lots of different foods. They enjoyed bread, cheese, and fruits like grapes. They also loved to drink a sweet drink made from wine and honey. Wealthy Romans ate very fancy meals, with many courses, while poorer Romans had simpler food.

THE END OF THE ROMAN EMPIRE

The Roman Empire lasted for a long time, but it eventually became too big to control. Many different groups attacked the Romans, and their empire slowly began to fall apart. In the end, the Western Roman Empire ended in 476 AD, but the Eastern Roman Empire continued for many more years.

The Romans left behind many amazing things that we still use today. Their ideas and inventions have helped shape the world we live in.

FIND OUT MORE...

[Roman Empire - KS2 History - BBC Bitesize](#)

EXAMPLE QUESTIONS:

1. Where did the Romans come from?
2. What was the name of the Roman building where people watched exciting shows?
3. What did the Roman soldiers wear during battles?
4. What did the Romans use to build strong and lasting buildings?
5. Who was the king of the Roman gods?