



# Physical Education

## Curriculum Progression

### Strand – invasion games/ball skills





**Foundation Stage (Moving and Handling):**

*Children can show increasing control over an object in pushing, patting, throwing, catching or kicking*

**Key Vocabulary**

*push, hard, soft*



### **Year 1 (Ball Skills):**

*Children master basic sending skills.*

### **Key Vocabulary**

*hit, kick, catch*



**Year 2 (Ball Skills):**

*Children can kick or move with a ball*

**Key Vocabulary**

*dribble, control, improve*



**Year 3 (Hockey):**

*Children can perform a range of actions,  
maintaining control of a ball*

**Key Vocabulary**

*possession, accuracy*





**Year 4 (Hockey and Basketball):**  
*Children can accurately pass and  
dribble in a game*



**Key Vocabulary**  
*attack, pass, team*



## **Year 5 (Netball):**

*Children can demonstrate a range of defending, marking an opponent*

*(look at the shadows of the other participants!)*



**Key vocabulary**  
**defend, mark, technique**



**Year 6 (All Invasion Games):**

**Children can work as a team  
using ball handling skills**

**Key Vocabulary**

*tactics, strategy*